

2024-2025 NISCA/Speedo All America Time Standards – Yards

<i>Boys</i>		<i>High School</i>	<i>Girls</i>	
<u>All-America</u>	<u>Consideration</u>	<u>Event in Yards</u>	<u>Consideration</u>	<u>All-America</u>
1:32.38	1:34.11	200 Medley Relay	1:46.22	1:44.31
1:38.21	1:39.81	200 Freestyle	1:50.65	1:48.79
1:49.14	1:51.34	200 Individual Medley	2:04.11	2:01.38
:20.41	:20.80	50 Freestyle	:23.54	:23.08
:48.38	:49.53	100 Butterfly	:55.58	:54.32
:44.72	:45.56	100 Freestyle	:50.99	:50.16
4:28.60	4:32.95	500 Freestyle	4:58.35	4:53.16
1:24.15	1:25.57	200 Freestyle Relay	1:37.15	1:35.48
:48.94	:50.13	100 Backstroke	:55.91	:54.69
:55.22	:56.46	100 Breaststroke	1:03.85	1:02.53
3:05.17	3:08.08	400 Freestyle Relay	3:31.16	3:27.68