

2024 - 2025 Regional Time Standards

Boys	Event	Girls
1:43.86	200 Medley Relay	2:01.66
1:48.05	200 Freestyle	2:02.03
2:03.17	200 Individual Medley	2:13.97
22.54	50 Free	25.18
200+ points	1 Meter Diving	200+ points
53.81	100 Butterfly	1:01.55
49.68	100 Freestyle	55.07
4:58.19	500 Freestyle	5:26.88
1:32.28	200 Freestyle Relay	1:45.12
54.67	100 Backstroke	1:00.25
1:02.48	100 Breaststroke	1:10.74
3:30.68	400 Freestyle Relay	3:52.60